

## WELCOME TO RADIATION ONCOLOGY MEDICAL GROUP OF SOUTHERN CALIFORNIA

At Radiation Oncology Medical Group of Southern California, our patients benefit from world-class facilities, a compassionate and experienced radiation oncology and therapy team, and the most cutting-edge technologies in radiation oncology.

Our entire staff – from the receptionists to the radiation therapists; from the physicists to the physicians – works together to provide the highest level of care for our patients in a warm and relaxing environment.

## SERVING ORANGE COUNTY WITH THREE WORLD-CLASS FACILITIES



### FOUNTAIN VALLEY

11190 Warner Ave.  
Fountain Valley, CA 92708  
Phone: (714) 549-0988

### ANAHEIM

1211 West La Palma Ave.  
Anaheim, CA 92801  
Phone: (714) 991-3380

*Coming Soon*

### YORBA LINDA CANCER CENTER

1041 East Yorba Linda Blvd.  
Placentia, CA 92780

RADIATION ONCOLOGY MEDICAL GROUP

of Southern California

11190 Warner Ave.  
Fountain Valley, CA 92708

# RADIATION ONCOLOGY MEDICAL GROUP

of Southern California



Winter/Spring 2011  
Newsletter



[www.romgsc.com](http://www.romgsc.com)

## OUR PHYSICIANS

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### ROBERT WOODHOUSE, M.D.



Dr. Woodhouse is board-certified in radiation oncology and graduated medical school from Jefferson Medical College in Philadelphia in 1977. He completed his residency at the University of California, San Francisco.

### DONALD C. KARON, M.D.



Dr. Karon is board-certified in radiation oncology and graduated medical school from George Washington University in 1982. He completed his residency in radiation oncology at Stanford University Hospital.

### VIJAY R. KINI, M.D.



Dr. Kini is a board-certified radiation oncologist with a special interest in prostate and breast cancers. He completed his residency in radiation oncology at William Beaumont Hospital in Royal Oak, Michigan, where he received training in all forms of brachytherapy and conventional radiation therapy. Dr. Kini has extensive experience with prostate seed implants and High Dose Rate Brachytherapy for prostate, breast and gynecologic cancers.

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All of our physicians have privileges at Anaheim Regional Medical Center, Fountain Valley Regional Hospital, Orange Coast Memorial Medical Center, Huntington Beach Medical Center, La Palma Intercommunity Hospital, West Anaheim Medical Center, and Placentia-Linda Hospital. Our physicians are well versed in all forms of radiotherapy such as IMRT, 3D-CRT, IGRT, HDR brachytherapy and the CyberKnife® Robotic Radiosurgery System.

## COMMITTED TO SAFETY

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Radiation therapy is not without risk and for this reason *everyone* at Radiation Oncology Medical Group of Southern California is committed to the absolute safety of each patient that undergoes cancer radiation treatment at our facilities.

Our commitment to safety means that we triple check the physics involved in any prescribed treatment, evaluate our machines daily and immerse ourselves in safety and quality measures for both existing and new treatment technologies.

We hold ourselves to a level of safety that adheres to or goes beyond industry standards to give our patients the best possible treatment and peace of mind.



## HEALTHY RESOLUTIONS TO START 2011

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In the fight against cancer, there are many things you can do to decrease your risks and improve the effectiveness of treatment. As we enter the New Year, a few good resolutions to add to your list are:

- Quit using tobacco
- Eat healthier foods
- Protect yourself from sun light
- Be physically active
- Decrease alcohol consumption
- Get a routine physical and screening

Resolve to be healthy by taking some of these small steps and 2011 will be a great year!

## HOW RADIATION THERAPY EFFECTIVELY TREATS CANCER

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For more than a century radiation therapy has been used successfully to treat cancer by delivering sufficient doses of radiation to cancerous cells while minimizing the effects to normal tissue. The fundamental principle behind radiation treatment is that a high enough dose of ionized radiation can kill any living cell, including any type of cancer.

While the ability to target *individual* cancer cells is not yet a reality, today radiation oncologists are able to target clusters of cancer cells ranging in size from a few millimeters to several centimeters. Through the introduction of new and constantly improving technologies such as three-dimensional conformal radiation therapy, intensity-modulated radiation therapy, and stereotactic radiation therapy, radiation oncologists can deliver treatments with pin-point accuracy while reducing unintended side effects.

As far as treatment goes, radiation can sometimes be the only therapy a patient needs or it can be part of a patient's overall cancer treatment. While prostate and larynx cancer can often be effectively treated with radiation alone, other types of cancer may require a combined approach of surgery, radiation and chemotherapy.

Depending on the diagnosis and individual patient circumstances, radiation therapy can cure cancer, slow its progress or simply reduce symptoms caused by tumors and improve a patient's quality of life.

*Information from the National Cancer Institute*

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Learn more about our services and contact us today at:

[www.romgsc.com](http://www.romgsc.com)